

## **Percutaneous Biopsy After-Care Instructions**

### **Wound Care:**

1. Your incision site will be held together by a piece of tape called a steri-strip. Leave this in place until it falls off or for 2 weeks.
2. You can shower the day after your surgery and get your wound wet. Let soapy water run over your wounds. You may resume showering as usual in 1 week. Avoid baths/submerging for 2 weeks.
3. It is normal to have some bruising after surgery.
4. There may be a small amount of drainage from your wounds. This is usually normal and nothing to worry about. Place a dry gauze or bandage (available at any drug store) on the wound to absorb any drainage.

### **For pain:**

1. Wear your bra as much as possible including to bed. The less your breast moves the less it will hurt.
2. Ice packs to the area may help as well.
3. You may take Tylenol, Ibuprofen, Aleve or Advil every 4-6 hours as directed on the bottle for pain.

### **Other Instructions:**

1. You may return to work and normal activities the day following the procedure.
2. Avoid heavy lifting or exercise that causes excessive movement of the procedure area for 1 week.

### **When to call the doctor:**

1. If you have severe, uncontrolled pain at the biopsy site.
2. If you run a fever of 100.5°F or higher within a few days of the biopsy.
3. If you have a large amount of drainage that is soaking the bandage more than once a day.
4. If the area around your wound becomes red/inflamed or odorous.

### **Follow Up Appointment:**

Follow up appointments are generally scheduled approximately 3-7 days after the procedure unless otherwise specified. Please call the office to schedule an appointment if one was not scheduled on the day of the procedure. We will go over any pathology results at the time of your follow up appointment.